



*With one heart
and one passion,
let us put our hand
to the work of resurrection...*

Ermitage, Pierrefonds July 8, 2011

The opening prayer invites us to pause at “**Jacob’s Well**” in order to prepare ourselves to enter into our sacred space during three days of retreat facilitated by Father Simon Pedro.

A message from our sisters of the Latin American Region, communicated during this early morning meeting, reiterates their solidarity and their prayerful intercession for us:

“Hoy, especialmente estamos deVigilia.”

We hope that this day will be an opportunity to let go of all that is not simple, fundamental or profound, as Simon Pedro states so often...



Fr. Simon Pedro Arnold

It is the hour to forego “our useless jars” in order to be totally open to the Spirit of God in whom all things are made new. It is the hour to create interior space and to journey toward the fountain of living waters.

In community, we are united with you in a day of adoration. We are invoking the Spirit to guide you and to keep you in a climate of confidence and to grant you the gift of audacity.

After having heard our retreat facilitator, it is evident that our words are too meager to communicate to you the depth, the urgency and the relevance of today’s conferences (9:00 -11:00 - 2:00). Our consolation: these documents will be available at a later date. They will be a significant resource for us in order to continue our reflection on the major issues of a world in mutation.

In order to share with you a few insights of what we have lived during this day of retreat, here are a few reactions of what has moved us, the questions we carry and the challenges we face.

Today, I felt so strongly that the Spirit is calling me to live a significant community life more and more centered on Jesus.

THE IMPORTANCE OF BEING WITNESSES: share how I have been saved...how at one time Jesus took me by surprise.....that is the heart of the prophetic experience.

What is most important is not so much, competence, projects, activities, catechesis or the realization of our works but rather the decision to waste time at Jacob’s Well.....to simply be.

Religious life must avoid the pitfall of being at the service of the clerical institution...consecrated life belongs “on the edge”....its vocation is to be marginal...

To do the work of Resurrection, one must accept to be vulnerable, to experience failure, rejection, to feel useless and powerless, one must die....live fully the paschal mystery....for LIFE.

Thank you for continuing to be present to us in prayer!

Saturday July 9, 2011



Prayer at the Memorial Garden

On this beautiful sunny day, the capitulars were invited to the memorial garden, site of the foundation of "D-Trois-Pierres", an organization for the social integration of young adults. Founded twenty five years ago on the grounds of the Ermitage, today, it appears to us like a modern expression of "Jacob's Well".

The proclamation of Mathew 6; 25-44 invites each one of us to trust: **"Therefore do not be anxious for tomorrow, indeed, tomorrow will care for itself."**

A message received from our Sisters at St. George Manor, Manchester, NH assures us of their support:

We are happy to spend this day in silence and prayer so that your retreat may be a time of rest, inspiration and renewal. Our entire day will be offered for these intentions. Each one of us is united with you in prayer and in love.

Nourished by Fr. Simon Pedro's conferences on the "Cosmic Challenge", the second day of retreat is lived in silence and contemplation. He invited us to make all things new, to enter into a global reconciliation with the reality of pain and suffering, the distress of the world... **with the Cross**...the deepest meaning of our consecration.



Denise Turcotte with rain stick during Saturday morning prayer.

Sunday July 10

Dear Capitulantés

We send our message with great affection and deep faith in the Holy Spirit, light and strength, so that you may be guided in all your decisions. It is the Spirit that opens our eyes and our hearts to see, hear and feel the cry of our world and of those who suffer in the Church. These are the cries of God. May this chapter be a source of inspiration that strengthens our vocation in order to be "salt which gives taste". Let us not forget that, "the future of Holy Cross needs to be marked by your footprints".

We want to thank most sincerely the members of our Central Administration, Sister Kesta, Sister Raymonde, Sister Claire and Sister Lucienne for their bold and inspiring leadership. In union of heart especially with the persons whose names are on the list for the elections. Your companions of the International Novitiate

Birthday wishes for Kesta



Happy Birthday..., Happy Anniversary..., Joyous Anniversary... these are words we hear at every moment because there are thousands of people born at practically the same time throughout the world.

This morning, these words come out of the ordinary to be addressed to a woman of adventure, full of hope and audacity, one, who has known how to be open to the reality of a world constantly in transformation. This allows her to see and to listen with the eyes of her big heart to the cries of her brothers and sisters. This woman who is for each one of us a companion and a sister is you, Kesta. Yes, it is you, Kesta, who has known how to put your capacity of being open to the unknown at the service of the Congregation.

May this new springtime in your life, already promising to be a beautiful green one, in spite of its multiple deserts, bring you flowers of joy, of happiness and of serenity.

I wish you courage for your ongoing discovery of the unknown.

Happy Birthday... Splendid Anniversary day, Kesta!

Birthday wishes to Marie Pilon



Dear Marie,

We, your sisters, wish you a very special day, especially because we have the joy of sharing life with you. Your commitment to the mission is a task that you accomplish with much affection. We ask God our Father/Mother to continue guiding your steps.

Sincere congratulations.

Union of hearts, your sisters in Holy Cross

Remember to visit the Holy Cross website!